

Mengham Junior School: PE CURRICULUM 2025-2026



Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	Indoor – fundamentals Outdoor -Tennis	Indoor – Dance Indoor - Swimming	Indoor – Gym Indoor - Yoga	Indoor – Dance Outdoor - Netball	Outdoor – Hockey Outdoor - Basketball	Outdoor - Athletics Outdoor - Cricket
Year 4	Indoor – fitness Outdoor - Tennis	Indoor – Dance Indoor - Handball	Indoor – Gym Indoor - Yoga	Indoor – Dance Outdoor - Netball	Outdoor – Hockey Outdoor - Basketball	Outdoor – Athletics Outdoor - Cricket
Year 5	Indoor - fitness Outdoor - Cricket	Indoor – Dance Indoor - Handball	Indoor – Gym Indoor - Yoga	Indoor - Dance Outdoor - Netball	Outdoor – Hockey Outdoor - Basketball	Outdoor – Athletics Outdoor – Tennis
Year 6	Indoor – fitness Outdoor – Cricket	Indoor – Dance Indoor - Handball	Indoor – Gym Indoor - Yoga	Indoor – Dance Outdoor - Netball	Outdoor – Hockey Outdoor - Basketball	Outdoor – Athletics Outdoor - Tennis