



Mengham Junior School: PDL CURRICULUM 2025-2026

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	<u>Settling in</u> Class Charter make a positive contribution	<u>Focus on feelings</u> make a positive contribution enjoy and achieve	<u>Making friends</u> make a positive contribution enjoy and achieve	<u>Keeping safe in school</u> (RSE) be healthy stay safe	<u>In someone else's shoes</u> make a positive contribution enjoy and achieve	<u>Physical activity and nutrition</u> make a positive contribution be healthy
Texts/clips	There by Marie Louise Fitzpatrick Sharing a Shell by Julia Donaldson	Tough Guys Have Feelings Too by Keith Negley and Emotional Menagerie by The School of Life.	Kindness is my superpower by Alicia Ortego	For the birds by Disney Pixar	I Choose Empathy by Elizabeth Estrada and You're So Amazing by James Catchpole	You can get active by Kate Henebury and I Can Eat a Rainbow by Olena Rose
Year 4	<u>Feeling good</u> Class Charter make a positive contribution	<u>Keeping healthy</u> be healthy	<u>Changes in families</u> make a positive contribution stay safe	<u>Ups and downs in relationships</u> (RSE) make a positive contribution enjoy and achieve	<u>Keeping safe outside school</u> be healthy stay safe	<u>Looking ahead</u> make a positive contribution enjoy and achieve
Texts/clips	Pass It On by Sophy Henn Look Up! By Nathan Bryon	Keeping Healthy by Sally Hewitt	Harriet's Expanding Heart by Rachel Brace The girl with two dads by Mel Elliot and Who's Your Real Mum? By Bernadette Green and Anna Zobel The Great Big Book of Families by Mary Hoffman and Ros Asquith	All About Friends by Felicity Brooks	A Secret or a Surprise by Michelle L Nelson.	Boundin by Pixar
Year 5	<u>Who decides?</u> Class Charter make a positive contribution	<u>We're all different</u> make a positive contribution stay safe	<u>Being involved in my community</u> make a positive contribution enjoy and achieve	<u>Risks and pressures</u> RSE and drugs education make a positive contribution be healthy stay safe	<u>Looking at the world</u> make a positive contribution	<u>It's my body</u> RSE and drugs education be healthy
Texts/ clips	Clip: Ruth's story: One child refugee's journey from Eritrea to England What is a refugee? By Elise Gravel Refugees and Homelands by Louise Spilsbury	I am not a label by Cerrie Burnell Perfect Nicola Davies BBC Class Clips: Same But Different, Celebrations around the world by Katy Halford.	A Place Called Home Lonely Planet Kids	BBC bitesize- risks in the community	Rules and Responsibilities by Louise Spilsbury	Body Privacy (your body and you) by Anita Ganeri Growing and changing (your body and you) by Anita Ganeri
Year 6	<u>Rights respecting education and the law</u> Class Charter make a positive contribution	<u>Managing conflict</u> make a positive contribution enjoy and achieve stay safe	<u>The world of work</u> make a positive contribution enjoy and achieve economic well being	<u>Taking responsibility for my own safety</u> Drugs education be healthy stay safe	<u>Changing relationships</u> (RSE) be healthy stay safe	<u>Transition and managing change</u> make a positive contribution enjoy and achieve
Texts/clips	If I Ran the Country: An introduction to politics where YOU make the decisions by Rich Knight	What Do YOU Think?: How to agree to disagree and still be friends by Matthew Syed	BBC Bitesize-jobs and contributing	Danger Is Everywhere! By Dr Noel Zone	People Need People by Benjamin Zephaniah	No Worries: Your Guide to Starting Secondary School by Jenny Alexander